

Are you 16-19?

Are you a mum or dad, or expecting a baby soon?

Would you like to feel more confident about what to do next?

Or would you just like to talk about your options over a cup of tea and a biscuit?

Future Prospects have a 'Young Parents Learning' group which meets one afternoon a week in York and Selby.

If you complete our 8 week course you will achieve an NOCN Personal Development Skills Certificate.



You can:

- Talk about your learning, training and work options with a careers adviser
- Produce a professional CV
- Look at improving your IT skills
- Speak to a benefits adviser
- Get advice on how to find a useful work placement
- Have practical help with job searching and making applications

The 'Care to Learn' scheme pays for your childcare while you are on the course. We can help with your bus fare.

★ We can also offer 1 to 1 appointments for learning and work advice.

Call Nikki on 07813 103107 or Sue on 07968 351927 to find out the days and times of our current group. Text us if you prefer and we'll call you back.